CLAIMS:

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- 1. A method for stabilizing video data, said method comprising the steps of:
 - subdividing said video into a plurality of successive frames;
 - dividing each of said successive frames into a plurality of blocks;
- determining for each block of each frame a motion vector representing the direction and magnitude of the motion in said block, said vector GMV at an instant t being called global motion vector GMV(t) and representing said motion at the instant t with respect to the previous frame;
- defining a modified vector, called integrated motion vector IMV(t) at the instant t and designating the final motion vector correction to be applied to the current frame in view of its motion correction, said integrated motion vector being given by the expression :

$$IMV(t) = GMV(t) + a(E) \cdot IMV(t-1)$$

- where GMV(t) is the global motion vector of the current frame at the instant t, a(E) is a variable adaptive factor depending on an expression E and IMV(t 1) is the integrated motion vector corresponding to the previous current frame; and
 - modifying the video data according to the modified integrated motion vectors defined for each successive current frame.
- 15 2. A stabilizing method according to claim 1, in which said variable adaptive factor depends on the sum of the two last global motion vectors.
 - 3. A stabilizing method according to claim 2, in which the variable damping factor a(E) is determined independently for the horizontal and vertical coordinates of the vectors.
- 4. A stabilizing method according to anyone of claims 1 to 3, comprising an additional correction step, provided for checking if the correction of motion vector is not above a given threshold and, if yes, modifying said correction so that it stays within a predetermined allowed range.
 - 5. A system for stabilizing video data, said system comprising:
- a frame storage for storing a plurality of successive frames of video data of the video recording;

- a processor coupled to said frame storage for dividing each frame into a plurality of blocks, determining for each block of each frame a motion vector which represents the direction and magnitude of the motion in said block, said vector at an instant t being called global motion vector GMV(t) and representing said motion at the instant t with respect to the previous frame, defining a motion vector, called integrated motion vector IMV(t) at the instant t and designating the final motion vector correction to be applied to the current frame in view of its motion correction, said integrated motion vector being given by the expression:

$$IMV(t) = GMV(t) + a(E) \cdot IMV(t-1)$$

where GMV(t) is the global motion vector of the current frame at the instant t, a(E) is a variable adaptive factor depending on an expression E and IMV(t - 1) is the integrated motion vector corresponding to the previous current frame, and modifying the video data according to the modified integrated motion vectors defined for each successive current frame.

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